

Memo

To: Lifestyle Fitness Club Nutritionists

From: Student Name

Date: January 15, 2023

Re: Fitness and Nutrition Presentation

Attached you will find the Fitness and Nutrition presentation created to run on lobby kiosks and the Web sites. You can view the presentation by clicking the image below. Please contact me at studentname@lfc.com to request the files to post on your Web site.

Thank you,

Student Name